

LESSON 2 – PRACTICE WORKSHEET

The Basic Principles of Theophostic Prayer Ministry

The following *Ministry Guide* page should be used as a resource while doing this Practice Worksheet.

- *The Basic Principles of TPM*

DIRECTIONS:

- Read each of the questions below that people often ask about TPM.
 - Using the Ministry Guide page listed above, find the ministry principle that each question refers to and *take turns* sharing in practice groups of two what facilitators could say in order to accurately answer each of the following questions.
1. Why do we have to look at my past experiences during ministry instead of focusing on the painful situation I am in right now?
 2. What is the connection between the negative feelings I am experiencing and my beliefs?
 3. What can I do so I can stop believing a lie that seems like truth to me?
 4. Along with resisting temptation to sin, what can I do to have more power over my sinful behavior?
 5. Why is it that no matter how hard I try, I am not able to experience lasting victory in controlling my negative and painful thoughts?
 6. How can I be sure that what occurs in a ministry session is valid and only from the Lord Jesus?
 7. How long will it take for my mind to be completely renewed?
 8. What is the solution for the many sins I have committed?
 9. During a TPM session, how will I be able to make the connection between my present pain and my past experiences?
 10. How can I become a truly spiritual and peaceful person?
 11. Is it possible that I will never be able to be free of this emotional bondage because the pain is so deep within me?
 12. What consequences can the lies I believe cause in my life?
 13. How were these negative and opposing beliefs, that I struggle with now as an adult, formed within me?
 14. How can I become free from the struggle I have experienced throughout my life because of my negative emotions and lie-based thoughts?